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A Program of the  
Alzheimer's Association®

## Alzheimer's SUPPORT GROUP

**THURSDAY, JULY 20**  
**6:30pm at Chestnut Knoll**

*Let's talk about:*

### What Caregivers Need to Know About Dementia

Our memory care experts will give you insight into your loved one's dementia journey to make a smoother path and create meaningful moments through positive approaches and techniques.

**RSVP by calling 610-285-1349 or  
email jkrasley@chestnutknoll.com.**

120 W. 5th Street, Boyertown, PA 19512 • [www.chestnutknoll.com](http://www.chestnutknoll.com)

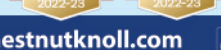
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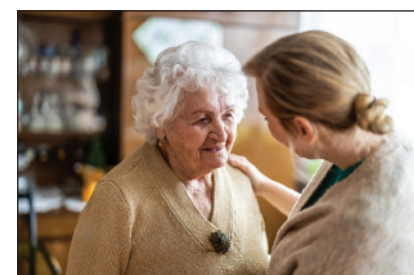
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## The Right Care Can Make a Difference! Daybreak at Chestnut Knoll

When it becomes harder to provide home care for an aging relative with mild to advanced stages of Alzheimer's disease or dementia, you may want to consider memory care. A senior living community can improve the safety and quality of life for your loved one while giving your family peace of mind.

Daybreak at Chestnut Knoll, our secured memory care neighborhood, responds to residents' ever-changing abilities through their journey with Alzheimer's disease or dementia-related illness. Our structured program nurtures their needs while making in-the-moment connections, with daily engagement that supports physical, mental, and social well-being.

Chestnut Knoll's positive and proven care model is based on Positive Approach to Care® developed by Teepa Snow, one of America's leading dementia educators. We create a personalized care plan for each resident that restores dignity and gives purpose by focusing on what they can do now and what makes them happy. In addition, our program provides access to a full range of on-site



therapy services, including our exclusive Optimal Living Program. Memory care residents are encouraged to participate in the exercise program because they gain the same benefits from regular physical activity, like improved mood, maintenance of motor skills, better sleep, and more.

Choosing the right care can make a difference! Chestnut Knoll has built its reputation by providing superior care, which earned national recognition from companies like Caring.com, A Place for Mom, and U.S. News & World Report. Schedule a tour to learn more about our memory care services by calling 610.400.1430 or emailing [jkrasley@chestnutknoll.com](mailto:jkrasley@chestnutknoll.com).

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